

# FFT Tennis Programs

Location	Program + Age	Term	Schedule	Price/ session
<b>SEK</b> (Students Only)	Tennis Age 5-8	Jan 13 – Mar 10	Sundays 2:30 – 3:30	QR 70
<b>West Bay Lagoon</b>	Tennis(Age 5-7)	Jan 6 – Mar 31	Sundays 4:15-5:15 Thursdays 3:00-4:00	QR 65
<b>Ain Khaled Gate</b>	Tennis (Age 7-10)	Jan 15 – Mar 31	Tue/Thu 5-6 pm	QR 65
<b>Rose Valley</b>	Tennis (Age 5-7)	Monthly payment	Saturday 4:30-5:00	QR 35
<b>Rose Valley</b>	Tennis (Age 8-11)	Monthly payment	Saturday 5:00-6:00	QR 65
<b>Messilah Gardens</b>	Tennis (Age 4-6) Residents Only!	Jan 6-March 31	Mon/Wed 4:30-5:00	QR 35
<b>Messilah Gardens</b>	Tennis (Age 7-9) Residents Only!	Jan 6-March 31	Mon/Wed 5:00-6:00	QR 65

# FFT Tennis Programs

<b>Location</b>	<b>Program + Age</b>	<b>Term</b>	<b>Schedule</b>	<b>Price/ session</b>
<b>Qipco Compound</b>	Tennis (Age 4-6)	Jan 6-Mar 31	Sun/Tues 4:30-5:30	QR 65
<b>Qipco Compound</b>	Tennis (Age 8-11)	Jan 6-Mar 31	Mon/Wed 4:30-5:30	QR 65
<b>Qipco Compound</b>	Tennis (Age 11-14)	Jan 6 – Mar 31	Mon/Wed 5:30-6:30	QR 65
<b>Al Shalal Compound</b>	Level Intermediate Age 8-12	Jan 6 – Mar 31	Sun/Mon 6:00 -7:00	QR 65

# FFT Martial Arts Programs

Location	Program + Age	Term	Schedule	Price/ session
Phoenix Private School	Self-Defense Teenage Kickboxing (Age 13+)	Jan 06 - Mar31	Sun/Tue 5:00-6:00	QR 70
Phoenix Private School	Self defense Kickboxing females only (Age 13-19)	Jan 06 - Mar31	Saturday 4-5 Pm	QR 70
Qipco Compound	Little Ninjas (Basic Martial Arts )(Age 4-6)	Jan 06 - Mar31	Mon/Wed 3:00-3:30	QR 50
Qipco Compound	Junior Kickboxing (Age 8-12)	Jan 06 - Mar31	Mon/Wed 3:30-4:30	QR 70
Qipco Compound	Self-Defense Teenage Kickboxing (13-17)	Jan 06 - Mar31	Mon/Wed 4:30-5:30	QR 70
SEK – ECA (SEK STUDENTS ONLY)	Taekwondo (Age 7-11)	Jan 15 - 19 Mar	Tuesday 12:30-13:30	QR 70

# FFT Martial Arts Programs

Location	Program + Age	Term	Schedule	Price/ session
Qatar Foundation - Club House	Taekwondo (Age 5-7)	Jan 06 –Feb 28	Thu 4-4:30/Sat 10:00-10:30	QR 50
Qatar Foundation - Club House	Taekwondo (Age 8-12)	Jan 06 – Feb 28	Thu 4:30-5:30/Sat 10:30-11:30	QR 70
Qatar Foundation - Club House	Taekwondo (Age 13-17)	Jan 06 – Feb 28	Thu 5:30-6:30 /Sat 11:30-12:30	QR 70
Qatar Foundation (Recreational Center)	Little Ninjas (Age 5-7) Basic of Martial Arts	Jan 06 – Feb 28	Tue 4-4:30/Sat 10-10:30	QR 50
Qatar Foundation (Recreational Center)	Junior Kickboxing (Age 8-12)	Jan 06 – Feb 28	Tue 4:30-5:30/Sat 10:30-11:30	QR 70
Qatar Foundation (Recreational Center)	Self Defense Teenage Kickboxing (Age 13-17)	Jan 06 – Feb 28	Tue 5:30-6:30/Sat 11:30-12:30	QR 70

# FFT Football Programs

Location	Program + Age	Term	Schedule	Price/ session
West Bay Lagoon Park 10	Football age 6-9	Jan 06 - Mar31	Tuesdays 4-5	QR 70
Phoenix Private School	Teenage Football (Age 9-12)	Jan 06 - Mar31	Mon/Wed 5:00-6:00	QR 70
Phoenix Private School	Junior Football (Ages 6-8)	Mar06 - Mar31	Mon/Wed 4:00-5:00	QR 70
Phoenix Private School	Basics of Football (3-5)	Jan 06 - Mar31	Sun/Tue 3:00-4:00	QR 70
Phoenix Private School	Little ballers (Ages 3-5)	Jan 06 - Mar31	Mon/Wed 3:00-4:00	QR 70
Phoenix Private School	Little ballers (Ages 3-5)	Jan 06 - Mar31	Mon/Wed 3:00-4:00	QR 70
Qipco Compound	Football (Age 5-8)	Jan 06 - Mar31	Saturdays 10-11 am	QR 70

# FFT Ballet Programs

Location	Program + Age	Term	Schedule	Price/ session
Phoenix Private School	Ballet (Age 4-6)	Jan 06 - Mar31	Sun/Thur 4:00-5:00 pm	QR 70
Phoenix Private School	Ballet (Age 7-11)	Jan 06 - Mar31	Sun/Thur 5:00-6:00 pm	QR 70

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